# **Support & Language, Literacy and Numeracy (LLN) Services - Welshpool Campus**

## **Support Services**

**Headspace Cannington**

1468 Albany Highway, Cannington WA 6107

Website: <https://headspace.org.au/headspace-centres/cannington/>

**Waalitj Foundation P242 (formerly Wirrpanda Foundation)**

Plan 2 day 4 2morrow (P242) is a pre-employment program assisting Indigenous job seekers.

Mineral Resources Park, 42 Bishopsgate Street, Lathlain WA 6100

Email: [waalitjhub@wf.org.au](mailto:waalitjhub@wf.org.au)

Phone: (08) 6250 7100

**Base@Belmont**

The Base@Belmont Youth Centre provides support for young people between the ages of 11-25 through a variety of activities, workshops and programs.

201 Start Street, Welshpool WA 6106

Website: <https://www.ymcawa.org.au/what-we-do/youth-services>

Email: [enquiries@ymcawa.org.au](mailto:enquiries@ymcawa.org.au)

Phone: (08) 9473 8400

**Youth Focus**

**Mental health services and programs**

54 Goodwood Parade, Burswood WA 6100

Phone: (08) 6266 4333

**Rise**

Assist people at risk, mental health issues, people with disability and NDIS, carers and older people.

41a Great Northern Highway, Middle Swan WA 6056.

Website: <https://www.rise.org.au/rise-services>

Phone: (08) 6245 6840

Email: [contact@risenetwork.com.au](mailto:contact@risenetwork.com.au)

**Beyond Blue**

Website: <https://www.beyondblue.org.au/>

Phone: 1300 224 636

**Suicide Call Back**

Website: <https://www.beyondblue.org.au/support-service/chat>

Phone: 1300 659 467

**Sexual Assault Resource Centre (SARC)**

King Edward Memorial Hospital

374 Bagot Road, Subiaco, Perth WA 6008

Website: <https://www.kemh.health.wa.gov.au/other-services/sarc>

For triage counselling (08) 6458 1828, 1800 199 888 or 1800 737 732

For appointments (08) 6458 1828

**Mental Health Emergency Response Line**

Website: <https://emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Inpatient-and-Other-Services/MHERL>

Phone: 1300 555 788 (Perth), 1800 676 822 (Peel region)

**Aboriginal or Torres Strait Islander Crisis Support**

Phone: 13Yarn – 13 92 76

Website: <https://www.13yarn.org.au/>

**LGBTQi Support**

Website: <https://www.qlife.org.au/> - webchat 3pm to midnight, everyday

Phone: 1800 184 527

**Crisis Housing & Support Services**

#### **Entry point on 1800 124 684 or Crisis Care on 1800 199 008 for access to crisis accommodation providers.**

**Emergency Services:** 000

**Police:** 131 444

**Lifeline** - [13 11 14](tel:131114)

**Mens Helpline Australia:** 1300 78 99 78

**Mates in Construction:** 1300 642 111

## **Language, Literacy and Numeracy Support Services**

**Reading Writing Hotline (Online)**

Website: <https://www.readingwritinghotline.edu.au/learner-resources/>

Phone: 1300 655 506

**Cluey Learning** (Maths, English, ESL) - Online

Website: <https://clueylearning.com.au/>

**Ace Tutoring** (Maths, English)

73 George St, West Perth WA 6005

Website: <https://acetutoring.com.au/>

Phone: (08) 6245 6429

**Read Write Now**

For adults to improve their reading, writing, maths, study, or basic computer skills.

Website: <https://www.read-write-now.org/>

Phone: 1800 018 802

**Adult Migrant English Program (AMEP)**

A flexible program that offers eligible migrants free English language classes.

Website: <https://www.southmetrotafe.wa.edu.au/specialist-programs/adult-migrant-english-program-amep>

Email: [amep@smtafe.wa.edu.au](mailto:amep@smtafe.wa.edu.au)

**Phone: 1800 862 166**

**Helpful Apps for Mental Health**

* St John First Responder
* Headspace
* What’s Up
* Chats for Life
* Mood Mission
* Self Help Anxiety Management
* Well Mind